

Parents/Guardians & Students,

The Little Elm ISD Athletic Department *PlanetHS/Big Teams* Athletic Online Participation forms have been updated for the 2021-2022 school year. Parents/Guardians and Athletes need to **login to their individual PlanetHS Accounts @ <https://www.planeths.com/>** and they will automatically be prompted to complete the new forms for 2021-2021. *Walkthrough Instructions are included on how parents/athletes can update their accounts and complete the forms for 2021-2022. Also attached is the UIL Physical form with Medical History for 2020-2021.*

**Please read the following changes & updates for athletes' physicals & online forms carefully.**

- Athletes will need a new physical for the 2021-2022 school year. As a reminder, Little Elm ISD requires students to have a new physical **annually**, and we have returned to this requirement for next year. **Physical exams are good for 365 days if athletes did get a physical this year.**
- **Big Teams is the PlanetHS umbrella company.** It is the same format as this past year. Parents will receive notice from "Big Teams" whenever the student links to the parent requesting the parent to link back to them when setting up new accounts.
- **Local Physical exam prices:**
  1. Legacy ER (Frisco East location on El Dorado & Custer) is \$25
  2. Care Now is \$20 (*April 1st until August 31st*)
  3. iCare is \$50 for sports physicals
  4. **Note:** Please bring a copy of the 2021 UIL Medical History & Physical Exam form with you; and have the Medical History (Page 1) completed prior to the exam. Parent/Guardians must accompany student athletes - Physical form available for download @ <http://www.littleelmlobosportsnetwork.com/documents>

**What are the steps?**

**Login:** <https://www.planeths.com/>

**Login (Sign In) Issues? **DO NOT create another account or "Sign Up" for account!**** Request **"Forgot Password"**. **NEW to the district**, or still having issues or questions? **Contact the Athletic Training Staff or your Middle School Coordinators.**

**Athletic Trainers:**

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**Parents/Guardians & Students' Logins (Sign In) should be the same as last year.**

- Students' logins are typically their school email address; however, some students used their own cell # or personal email when they setup their accounts. We recommended that Students setup their passwords as their school ID# (some students added "e" at the end especially if their school ID# is less than the required 8 digits).
- Parents/Guardians set up their own logins & passwords. Parents' Logins could be their cell # or personal email address -this is dependent on how the Student linked their account to the Parent/Guardian when the Student setup their account.
- **Troubleshooting NOTE:** Do **NOT** "Use my Student ID instead" to Sign In since accounts are already created/imported using school email addresses. Do **NOT** "Sign Up" for an account ONLY "Sign In" (Light Blue button)

**Completing forms:**

The Student & Parent/Guardian **both** need to complete the 7 forms on each of their individual accounts. Some forms will only require a simple Signature or Initials (INT) from the Student, and will allow only the Parent/Guardian to complete the information (*i.e. LEISD Emergency Card/Travel Form or the Information Release*). **NEW to the district**, or still having issues or questions? **Contact the Athletic Training Staff or your Middle School Coordinators.**

**Example of Forms Below:**

Completion of These Forms is Required of Each Student

The forms below must be completed by both the student and a parent or legal guardian. Only after the Sports Director has reviewed and approved the completed forms will the student be allowed to participate in team activities.

Form	Approval Dates			Status	Audit
	Student	Parent	Staff		
<a href="#">UIL - Pre-Participation Physical Evaluation - Medical History</a>	06/04/20	06/04/20	06/08/20	Complete	<a href="#">View Log</a>
<a href="#">UIL - Pre-Participation Physical Examination</a>				Incomplete	
<a href="#">UIL Athletic Participation Forms Agreement</a>	06/04/20	06/04/20		Complete	<a href="#">View Log</a>
<a href="#">LEISD Emergency Card/Travel Form</a>	06/04/20	06/04/20		Complete	<a href="#">View Log</a>
<a href="#">LEISD Athletic Information Release Form</a>	06/04/20	06/04/20		Complete	<a href="#">View Log</a>
<a href="#">LEISD Athletic Code of Conduct</a>	06/04/20	06/04/20		Complete	<a href="#">View Log</a>
<a href="#">LEISD Risks, Insurance, Helmet Acknowledgment Form</a>	06/04/20	06/04/20		Complete	<a href="#">View Log</a>

**ADDITIONAL INSTRUCTIONS THAT NEED TO BE FOLLOWED BASED ON GRADE LEVEL**

*(this information may be updated periodically)*

**INCOMING 7<sup>th</sup> & 8<sup>th</sup> Graders:**

**7<sup>th</sup> Graders:** Accounts will be created/imported for Students by the Middle School Coordinators using Students' school email addresses & a default password that will be set as: "bigteams "

**Steps to move forward:**

- Students will need to **Sign In** with their school email & default password first.
- Students need to go to **Account Info & CHANGE their PASSWORD**. We recommended that Students setup their passwords as their school ID# (some students need to add "le" at the end if their school ID# is less than the required 8 digits).
- **LINK ACCOUNT** to a Parent/Guardian by entering the Parents/Guardians' Email address (Email is preferred over the Cell # since most Parent/Guardian Cell #s are registered as the Students' Phone in the LEISD
- **Parents/Guardians will receive an invitation** (via Email or Text) **after** the student LINKED their account. Parents/Guardians will then need to Setup their Sign Ins and Password; and then LINK as a Parent/Guardian **back** to the Student Account. You can use the Yellow **"SELF HELP"** Button as needed.

**8<sup>th</sup> Graders:** Sign In & follow the instructions listed in this informational or on the handouts sent to you by your coaches. You can use the Yellow **"SELF HELP"** Button as needed.

**INCOMING 9<sup>th</sup> Graders:**

Sign In & follow the instructions listed in this informational or on the handouts sent to you by your coaches. You can use the Yellow **"SELF HELP"** Button as needed.

**REQUIRED:** After Signing In, Parents/Guardians AND Students must **BOTH change their School** in "Account Info" to show "**Little Elm High School**" instead of "Walker or Strike Middle School". **Do NOT fill out the "ADD SCHOOL" Section** -This will not change the info correctly. If only the Student changes the campus, but the Parent/Guardian doesn't update to the high school campus on the parent account, then the account will not completely transfer over to the new campus for incoming Freshmen. *Middle School coordinators may have students due this during May 2021 in order to prepare for next year.*

**INCOMING 10-12<sup>th</sup> Graders:**

Sign In & follow the instructions listed in this informational or on the handouts sent to you by your coaches. You can use the Yellow **"SELF HELP"** Button as needed.